# **Double Catch**



## **Product Code**

PE00188

#### Introduction

We have listened to your needs and have developed the Double Catch, a fantastic TTS exclusive that acts as a core skills training aid. As it is double sided it enables a number of children the opportunity to develop core fundamental motor skills in a fun way. The net can be used by young children but is also suitable for developing skills across all age groups as the difficulty of the task can be increased when using the net with older children or adults.

#### Contents

The product consists of 4.5 cm mesh net attached to a frame (85 x 85 cm) by 0.7 cm bungee cord and includes 2 securing metal pegs for added stability.

## Aims & Objectives

Double catch is a useful training aid for developing children's fundamental motor skills. Children can throw, kick or strike a ball against the net before catching the rebounding ball. The progression from our "Throw 'N' Catch" means that children can play from both sides.

## Suggestions

- Simple activities such as throwing or striking a ball at the net and as the ball rebounds, either strike again or catch the ball.
- Split the children into pairs; one practising their throwing skills whilst their partner catches the ball as it rebounds off the net. Helps to promote teamwork as well as improving motor skills.
- Use in conjunction with the early teaching phases of sports such as cricket and tennis to improve hand to eye coordination and motor skills.
- Can be used as a goal when playing sports such as handball.
- Bring a competitive edge to the improvement of coordination skills by seeing
  who can keep the ball in the air the longest or who can make the most hits on
  to the net over a set time period.

## **Care Instructions**

- Weather resistant nylon net.
- Avoid leaving outside for extended periods of time when not in use.

