

LEARNING WITH...

Bikes and Trikes

Engaging children in the exhilarating world of bikes and trikes during their early years can offer more than just physical fun. From developing motor skills and spatial awareness to fostering decision-making and resilience, these wheeled adventures can offer young learners both freedom and independence.



Race to the Finish Line

Set up a mini racetrack with cones or markers and encourage children to ride their bikes or trikes towards the finish line. Cheer them on and award fun prizes for their efforts! Who will come first, second or third? Add mark-making opportunities by encouraging children to make signs to go around the track or appoint traffic officers who are ready to write out speeding tickets for those going too fast!

Obstacle Course Adventures

Encourage children to collaborate and work together to create a thrilling obstacle course using various objects like hula hoops, tunnels, cones, and ramps for each other to complete. Children can navigate through the course on their bikes or trikes, enhancing their balance and coordination skills. Why not play with language to create imaginative names for the different parts of the course such as 'Crazy Corner', 'Pit Stop Pause', or 'The Cheeky Chicane'?

Bike Wash Station

Transform an area into a bike wash station with buckets, sponges, and soapy water. Children can take turns washing their bikes or trikes, promoting responsibility and fine motor skills while having a splash of fun. Incorporate a touch of maintenance at the same time by carrying out an MOT with tasks such as checking the tyres.

Door to Door Delivery Service

Set up a pretend play scenario where children use their bikes or trikes as delivery vehicles. Provide them with small packages or envelopes to deliver to different "destinations" within the outdoor provision, fostering imaginative play and developing a sense of responsibility. Alternatively, use multiple seated vehicles to give a friend a lift.



Nature Scavenger Hunt

Design a scavenger hunt where children ride their bikes or trikes to find natural treasures, such as leaves, pinecones, or flowers. Encourage them to observe their surroundings and collect items while enjoying the fresh air and nature. Challenge the children to think of ways in which they can collect their findings. Can they think of a way in which to store their treasures whilst on their travels?

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Musical Bikes

Play lively music using instruments or on an outdoor stereo and instruct children to ride their bikes or trikes around in a circle. When the music stops, they must find a bike or trike to hop on. This activity promotes listening skills, following instructions, and coordination. Musical chairs with a difference!

Bike and Trike Parade

Organise a festive parade where children decorate their bikes or trikes with colourful ribbons, streamers, and other crafty materials. Let them ride around the area, showcasing their creations and spreading joy to the onlookers. Children may choose to give their vehicle a name or even base their design on one of their favourite TV or film characters' preferred mode of transport.

Cycling Safety Workshop

Teach children about bike and road safety by setting up a small workshop. Use traffic signs, cones, and pretend traffic lights to simulate a road environment. Guide children on safe biking practices, including stopping at junctions and using hand signals. Share with the children some road signs. Can they read the pictures to guess what they are telling us?

Bike Art Gallery

Attach large sheets of paper to fences, walls, or floors and provide children with mark-making resources such as paintbrushes and washable paint. Let them ride their bikes or trikes along the paper, creating colourful tracks and patterns. This activity combines physical movement with artistic expression. What patterns can the children make? What movements are needed in order to make the different marks?



Parking Bays and Permits

Using chalk, draw lines to make parking bays. Why not add a mathematical element by labelling the bays with numbers? Children may also wish to label the bikes and trikes with corresponding numbers so they know where to park them at the end of a busy day. Children may wish to make parking permits or tickets to show that they have paid and displayed.