



# Outdorable<sup>®</sup>

Lasts for good

Open-ended outdoor playscapes inspired by the wonders of nature, encouraging children to explore their learning through play and stimulating active physical development.



Practitioner Notes



# Why Outdoorable?

- Enhances children's physical and mental development.
- Encourages movement which influences cognitive skills, memory, attention, and thinking skills.
- Designed to reflect aspects of the natural environment.
- Modular in design for flexible learning environments. Can be adapted to meet the needs of all children with multiple configurations possible.
- Movable, adaptable, and can be relocated between play spaces.
- Additional pieces can be added over time to suit budgets and children's developmental needs.
- Sustainable and durable with a 25-year guarantee.



# Supporting physical development with the Outdorable range

## 2 – 3 years Toddler Package (FF47470)



### What's included?

2 x H600mm Climbers    1 x Climbing Wall    1 x Ladder Plank    1 x River Rocks Plank  
2 x H300mm Climbers    1 x Wobbly Log Plank    1 x Smooth Plank    1 x Slide

Remember to give children plenty of time to make connections and repeat prior skills so that these become embedded. For example, before walking across a raised plank, some children will revert to crawling to reestablish and refine balancing skills.

Skill being developed	How the Outdorable range supports
<b>Balance</b>	<ul style="list-style-type: none"><li>• As children become proficient in movements such as crawling and walking, they start to experiment and look for more challenging ways to develop these skills. The range of planks in this package invite children to explore and move in different ways, developing their balance and core muscles.</li><li>• For those developing balance, why not start by placing the different planks on the floor before attaching them to the climbers to create raised or angled balancing beams. Challenge children to travel up and down the inclines to improve their skills, strength, and confidence.</li><li>• Develop balance and gross motor skills further by playing movement activities such as 'Musical Statues' or 'Simon Says'. These encourage children to freeze and hold their bodies in stationary positions on the apparatus or learn to follow instructions e.g. 'Simon says balance on one leg'.</li></ul>
<b>Coordination and Movement</b>	<ul style="list-style-type: none"><li>• The climbing wall and climbers, encourage cross-lateral movements, while also developing fine motor skills as they grasp the holds to pull themselves up.</li><li>• The climbers invite young children to climb, jump, and explore from different heights. As they navigate the varying heights and surfaces, they will practise different movements, developing their core muscles, strength, and coordination skills, preparing them for future learning and challenges.</li></ul>



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<b>Decision Making &amp; Problem Solving</b>	<ul style="list-style-type: none"><li>• This open-ended set encourages children to make decisions and solve problems in their play. For example, some children may decide to crawl along a plank before attempting to walk across it, whilst others will choose to run or find more challenging ways to travel.</li><li>• Why not explore the vocabulary of movement as children play on the apparatus. For example, 'Can you slither along the plank like a snake or crawl up the wall like a spider?'</li><li>• Creating different configurations (with the support of teachers and practitioners) empowers children to make decisions about how they want to set up their play space. This not only gives them ownership of their learning but fosters decision-making skills from an early age.</li></ul>
<b>Collaboration and Cooperation</b>	<ul style="list-style-type: none"><li>• The adaptable nature of this range means that it can be configured to encourage multiple children to engage in activities simultaneously, fostering collaboration and cooperation.</li><li>• During play, they will share space and equipment, learning to take turns as they wait patiently to go down the slide, navigate across the planks, or clamber up the wall.</li><li>• The Outdorable Toddler Package is great for encouraging pretend play. By laying the climbers on the floor, children can climb inside, pretending they are in a car going on a journey. Add a plank and watch as it transforms into a pirate ship sailing in shark-infested waters! Who is going to walk the plank?</li></ul>



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<b>Spatial Awareness</b>	<ul style="list-style-type: none"><li>• By experimenting with different configurations, children will learn about concepts such as height and distance. For example, how high something is from the ground, how far apart things are, and where things are positioned in relation to one another.</li><li>• Positioning planks at various heights and angles helps children become more aware of where their bodies are in space. They learn to concentrate, focus and move more carefully depending on how the equipment is set up.</li><li>• Exploring the equipment in different ways, such as using the slide and walking along the planks, will support children's spatial awareness as they will discover how many people can fit into the space, and therefore understand the need to take turns.</li></ul>
<b>Building Confidence</b>	<ul style="list-style-type: none"><li>• The Outdorable Toddler Package offers a gradual progression of challenge, allowing children to develop at their own pace. They can choose to repeat and embed simpler movements while still having opportunities to work their way up to more complex ones. This not only boosts their confidence but enables them to become more competent, creative, and adaptive movers.</li><li>• Build children's self-esteem and confidence by offering just the right amount of support. This might be a helping hand, a finger, or a few words of encouragement. Remember to celebrate their effort and achievements such as when they jump off the climber for the first time or reach the top of the climbing wall.</li><li>• Using the equipment will give children opportunities to take calculated risks, learn how to overcome problems, build resilience, and develop perseverance.</li></ul>



## Possible configurations for the Toddler Package (2 – 3 years)

