



## Look Inside!



Griff was the author's family dog. He was trained to be a school dog by the charity Dogs Helping Kids.

Griff listened to many children reading, took part in assemblies, and became a special friend in the schools he visited.

### Introducing Griff

This is Griff. The clever, gentle dog who goes to school every day with Mrs Plum. After his morning walk and a big drink of water, he settles down for a sleep in his warm, safe bed under Mrs Plum's desk.

Mrs Plum has taught the children how to say "Hello" to Griff and ask him if they can stroke his fur. When Griff goes into his bed the children leave him alone.

Turn the page to learn how to be happy and healthy with Griff the wellbeing dog.



# GRIFF THE WELLBEING DOG

Griff led the boy to Mrs Plum's room.

"Whatever is the matter?" exclaimed Mrs Plum when she saw the boy's tear-stained face.

Griff sat patiently beside the boy. As the boy stroked Griff's soft head he began to talk.

He told Mrs Plum what had happened. All the words came tumbling out.

Mrs Plum smiled and said, "You will have a hot lunch today. Well done for talking to Griff. Well done for talking to me."

