

Rainbow Ripple Parachute (small)

Codes: PRAINRS

Description

Children will love bouncing the stars over the rainbow and collecting them in their special pretend 'golden pot'. Suitable for Foundation & KS1.

Contents

12 cushion stars, 1 2m x 1m parachute and 1 'golden pot' draw string bag.

Notes

This is a great warm up and cool down exercise. It is also a useful activity for enabling pupils to work together. Why not try some of the suggested games below or use the rainbow as a visual aid in wall displays/ assemblies/PSHE activities.

Suggested games (to be played using small or large Rainbow Ripple)

Catch a Falling Star

Hold the parachute and bounce the stars at different heights. The additional pupils can catch a star. If they catch one, they can become a rainbow holder and change places. This game could be played individually or in a team, to see who catches the most. This is a good opportunity to learn control skills as well as vocabulary such as high, low, fast, slow etc.

Parachute School

Hold the parachute taut. Hold one end of the parachute higher than the other. Try to slide the stars down the shoot so they can be collected at the end. This can also be played with light weight objects e.g. beanbags, air flow balls etc.

Somewhere Over the Rainbow

Hold the rainbow high in the air and ask the pupils to run around in a circle underneath whilst the stars are being bounced over the rainbow (you will need designated 'catchers' and 'throwers').

Weird Weather

You may wish to incorporate a story into your activities or even musical instruments for sound effects. A story might take this kind of direction...

'One day the weather was acting very strangely. There was a gentle breeze (ripples). The sun was shining high in the sky when it bumped into a rainbow (bounce a large yellow lightweight ball). Suddenly it started to rain (use airflow balls to represent raindrops). Then the wind began to blow and blow. The gusts became stronger and stronger (bigger and stronger movements with the rainbow). The wind blew the objects about (use ribbons, leaves, beanbags etc.), lightning flashed across the sky etc etc.

Rainbow Balloons

Bounce the balloons on the rainbow and ask the other children to catch them. The 'leader' might call a specific colour that can be retrieved. This game could be played in pairs and the one who catches the balloon could then be the parachute holder.

Rainbow Bridges

Make a bridge by having 2 children at each end sit at either end of the parachute holding it up in order to make a bridge. If played indoors, place a mat underneath so the children can crawl, roll, kneel etc. under the bridge. The children can pretend to be Billy Goats and gently tap with their fingers on the parachute, another child can sit underneath and pretend to be the troll.

Roll a Colour

Lay the rainbow on the floor. Use as a track for rolling e.g. an air ball along the red, green etc.

Balance and Walk

Pull the rainbow taut. Place a ball on the material. How far can the pupils walk before the ball rolls off the parachute.

Sea-saw Rainbow

Children hold each end of the parachute and alternate so that it goes up and down like a sea-saw. This game can also incorporate the stars which can slide up and down. As the parachute goes up and down children can alternate their counting.