

PE00104 – Bean Bag Boccia

Product Description

- the pack contains a set of 13 'triangular' Bean Bags – 6 of each red and blue and one white. Also included is a rope which can be used in a variety of ways but principally as a target. There are many target games that can be played with this set and the bags are designed so that they can be held and thrown easily.

Contents

1 x White Triangular Beanbag (designed to be used as would a 'jack' in Boccia)

6 x Red Triangular Beanbags

6 x Blue Triangular Beanbags

All contained in a lightweight draw string bag

Sensible use / Care

If these bags get wet then every attempt should be made to dry them out – this will prolong their life. If used on gym floors they should last many years but playground use will cut their life expectancy as tarmac is very abrasive. They are safe for all children to use over the age of 3, as they contain no harmful substances. Because of their shape and make - up, they stop very quickly so can be used on any surface. Indoors they will slide on a gym floor which is a different skill again.

Games

Games can be played individually or in small teams which will help give children the understanding of playing with a partner or in a small team and also develop a feeling for competition – very important??!!

You may decide to appoint a scorer / referee – maybe provide them with a scorebook or clipboard and also someone responsible for the equipment (safe and complete return)

The aim of Boccia(Paralympic Sport) / Petanque / Boules (very popular in France) is to throw your ball / bag so that it lands closest to the 'jack'. So, the children would draw lots for who throws the 'jack' to start with – the distance is chosen by the individual – it could be very close or far away and brings some tactics into play. Normally the person who throws the ' jack' gets to throw their bag first and then play alternates after that. Once all the beanbags are thrown the players decide who is the nearest and they score one point. If the next

nearest bag is from the same player they score another point and so on until their opponents bag stops the count.

You could get the children to play – ‘first to 21’ or play the best score after a number of ‘ends’ or goes.

Either hand can be used but you could ‘handicap’ the better players by making them use their non-dominant hand.

The game is very inclusive and allows for all abilities to take part.

Targets Games

Teams of 2 or 3 or players can play on their own.

Using the rope to form a target , you could form a circle and throw into it.

You could lay the rope at varying distances away from the throwers and play nearest the rope but must be beyond it. You could make a ‘snake’ shape with the rope and thrown into each curve to score a point. The rope can also be used as a measuring stick to see who is nearest the jack (a useful measuring skill).

Throwing techniques - use over or under arm – handicap players so that games can be well matched (across the age and ability spectrum). Players could stand different distances away to form the basis of a handicap.

Use blindfolds and play with partners – one thrower (blindfolded) and one guide.

The Beanbags can always be used for throwing and catching games, running and carrying type games.

Use ‘big’ playground chalk to draw targets - make up a Beanbag Boccia Golf circuit / course.

The game of Boccia is explained fully at this site - www.bocciaengland.org.uk/school_games.php