## Outdoor Baby and Toddler Mirror Pull Up Bar

Children are beginning to crawl and are learning how to coast need opportunities to explore these skills. This mirror has been developed specifically for young babies and toddlers to explore their world around them and develop their visual sense.

- You can create a specifically designed outdoor environment for your little ones that supports their early development. Young babies will enjoy doing outdoor tummy time activities with this mirror. You can encourage the child to peer into the mirror and discover, you can talk about what you can see outdoors such as clouds and trees.
- Mirrors are a great way to support children's eye tracking. You could sing songs as the child looks into the mirror. Imagine singing 'Twinkle, Twinkle, Little Star' and shoot a star across the mirror, slowly and then quickly so the child can see it move in different ways. 'Head, Shoulders, Knees and Toes' is another fantastic song to sing. You can support the child in touching their nose, eyes, ears and mouth in the mirror. There are a wide range of different songs you can sing with your children, in all languages.









- The adjustable pull up bar is a fantastic resource to support with young children's early physical abilities. Children will be able to be more independent in their outdoor environment by pulling themselves up and observing the differences in the mirror. The world looks a lot different the taller or smaller you are.
- This mirror has naturally found objects hiding within the frame, you could try and help children identify these. Supporting children with some early vocabulary and talking about pinecones, acorns and leaves.
- Some children may just enjoy peering in and making faces. See if you can pull some interesting faces for your little ones to copy and replicate. Young children love to see different kinds of facial expressions. Talk about using happy faces, silly faces and sad faces for the children to see the differences. This can support children developing their self-awareness.
- Mirrors can encourage young children to reach out and point. You could play grasping games where you hold items out (risk assess) that they can see in the mirror, they need to try and take it for themselves. This can support their fine motor skills as they grasp at different objects.

